What is Claimed:

1		1. A process for manufacturing a soup, comprising the steps of:
2 3	derived starch,	forming an admixture of dry ingredients and a physically-modified, plant- the starch being able to withstand temperatures of 260° F;
4 5	slurry;	adding one or more liquid ingredients to the admixture to form a powder
6 7	to allow swelli	heating the powder slurry at a sufficient temperature for a sufficient time ing of the starch to form a swelled soup base; and
8		adding bulky ingredients to the swelled soup base to form a bulk soup.
1 2	form shelf-stab	2. The process of claim 1, further comprising sterilizing the bulk soup to ble soup.
1 2 3	•	3. The process of claim 1, wherein the heating the powder slurry step is about 15 minutes at about 92° C, and a 5% heated slurry of the starch has f 250-500 BU at 92° C and 425-625 BU at 92° C after 15 minutes.
1 2	grown corn or	4. The process of claim 1, wherein the starch is made from organically-maize.
1 2	of about 10 cm	5. The process of claim 1, wherein the swelled soup base has a viscosity a to about 23 cm.
1 2	step of precoo	6. The process of claim 1, further comprising, prior to the adding step, the king the bulky ingredients.
1 2	containers wit	7. The process of claim 1, further comprising the steps of filling h the bulk soup and sterilizing by retorting the containers.
1 2	heating the slu	8. The process of claim 1, wherein the swelled soup base is made by arry to between about 160°F and about 200°F.
1 2	about twenty i	9. The process of claim 8, wherein the swelled soup base is heated for minutes.
1 2	the step of pre	10. The process of claim 7, further comprising, prior to the filling step,

2 3	from the group consisting of water, broth, juice, liquid dairy products, and vegetable purees.
1 2	12. A process for filling a plurality of containers with a homogeneous mixture of soup, comprising:
3	forming a slurry of a physically modified starch and a liquid;
4 5	heating the slurry at a sufficient temperature for a sufficient time to allow substantial swelling of the starch to form a swelled base;
6	filling containers with the swelled base; and
7	sterilizing the swelled base in the containers.
1 2 3	13. The process of claim 12, further comprising, prior to the filling step, the steps of adding bulky ingredients to the swelled base and mixing to form a generally homogeneous bulk soup.
1 2	14. The process of claim 13, further comprising, prior to the adding step, the step of precooking the bulky ingredients.
1 2 3	15. The process of claim 14, wherein the bulky ingredients are selected from the group consisting of vegetables, legumes, barley, bulgur wheat, fruits, beans, pasta, and rice.
1 2	16. The process of claim 12, wherein the slurry is heated to between about 160° F and about 200° F.
1 2	17. The process of claim 16, wherein the slurry is heated for between about 15 and about 30 minutes.
1 2	18. The process of claim 12, wherein the slurry is heated for about twenty minutes.

1 2	for about twen	19. The process of claim 12, wherein the slurry is heated to about 195°F aty minutes.
1 2	the step of hea	20. The process of claim 13, further comprising, prior to the filling step, sting the bulk soup to about 160°F.
1		21. A process for making organic soup, comprising:
2	liquid;	making a slurry from a physically modified plant-derived starch and a
4 5	form a swelled	heating the slurry at a sufficient temperature and for a sufficient time to l soup base;
6 7	form bulk sou	mixing precooked bulky organic ingredients with the swelled soup base to p; and
8		sterilizing the bulk soup.
1 2	160°F and abo	22. The process of claim 21, wherein the slurry is heated to between about 200°F.
1		23. The process of claim 22, wherein the slurry is heated to about 195°F.
1 2	minutes.	24. The process of claim 21, wherein the slurry is heated for about twenty
1 2 3	step, the steps bulk soup.	25. The process of claim 21, further comprising, prior to the sterilizing of preheating the bulk soup and filling glass containers with the preheated
1 2	of:	26. A soup product made according to the process comprising the steps
3		forming a slurry of a physically modified starch and a liquid;
4 5	substantial sw	heating the slurry at a sufficient temperature for a sufficient time to allow relling of the starch to occur, to form a swelled base;
6		filling containers with the swelled base; and
7		sterilizing the swelled base in the containers to form a soup product.
1 2	of:	27. A soup product made according to the process comprising the steps

3 4	liquid;	making a slurry from a physically modified plant-derived starch and a
5 6	form a swelled	heating the slurry at a sufficient temperature and for a sufficient time to d soup base;
7 8	form bulk sou	mixing precooked bulky organic ingredients with the swelled soup base to p; and
9		sterilizing the bulk soup to form a soup product.
1		28. A soup composition comprising:
2	derived starch	from about 0.2% to about 4% by weight of a physically modified plant;
4		a liquid component of about 40% to about 60% by weight; and
5 6 7 8	not phase sepa	about 5% to about 50% bulky ingredients, the bulky ingredients being a generally homogeneous composition, wherein the bulky ingredients do arate and do not settle in the generally homogeneous composition for a diperiod of time.
1 2 3	contained in a	29. The soup composition of claim 28, wherein the soup composition is transparent container and preserved by sterilization for the predetermined e.
1 2	organically-gr	30. The soup composition of claim 28, wherein the starch is made from rown corn or maize.
1 2 3	selected from fruits, rice, an	31. The soup composition of claim 28, wherein the bulky ingredients are the group consisting of organic vegetables, legumes, bulgur wheat, barley d pasta.
1 2	organic.	32. The soup composition of claim 28, wherein the soup composition is